



She's the *beauty*

In the first of a series of treatments, bride to be, Jolene Gleeson visited Venus Medical Beauty for some Laser Genesis Therapy and IPL. Wondering what its all about? Read on here...

Since opening its doors to the public last year, Venus Medical Beauty has become one of Ireland's leading medical centres offering non-surgical and minimally invasive aesthetic procedures. Headed by Dr. Peter Prendergast, this clinic is a one-stop-shop for any bride to be. I was kindly invited to meet with Peter himself and try out a series of treatments that would be tailored to suit my needs. During my consultation, I discussed my wishes and was advised on the best possible procedures that would meet my needs. He recommended the Laser Genesis Therapy and also IPL (Intense Pulsed Light) treatment.

WHAT EXACTLY ARE THEY?

Laser Genesis is a procedure that employs non-invasive laser technology to safely treat fine lines, large pores, uneven skin texture and facial redness. By gently heating the upper dermis and stimulating collagen regrowth, Laser Genesis can help restore the skin's youthful glow by smoothing out uneven textures caused by aging and sun damage. The procedure is painless.

Intense Pulsed Light (IPL) technology uses a powerful light source for removal of sun spots, freckles, age spots and for permanent hair reduction. It does this through a process known as selective photothermolysis—essentially heating and destroying target lesions in a controlled fashion. IPL is also used for photo-rejuvenation, improving the overall appearance and condition of the skin. At Venus Medical Beauty, the most advanced IPL sources available are used, including the Solera LP560 and Prowave 770.

DURATION

I was recommended to have between 3-5 sessions as my skin was in fairly good condition. Each session lasts between 30-45 minutes. We took before and after pictures of each session so we could compare the results.

PROS/CONS

Although the treatment is totally pain free, with the IPL, when the hand piece is applied to your face, it feels cool and comfortable. As the pulses of light are delivered, you can feel a brief

pinch. Immediately after treatment there may be some redness and brown spots and freckles may darken at first, and then fade and flake off after a week or two. I didn't get any side effects only slight redness and a little pinch. With the Laser Genesis it was like a warm massage to my cheeks, and it was quite comfortable.

VERDICT

When I looked at the picture taken before my very first treatment and the picture taken after my very last treatment the results spoke for themselves. I knew the treatments were worthwhile as after the third session I definitely noticed a difference in my overall appearance. I had two spider veins on my face that really annoyed me as they were quite noticeable and after the third session they were completely gone. I also had a bit of sun damage on my face from sun bathing and also age spots and they have faded dramatically over the last couple of weeks. My skin is smoother, firmer and definitely softer. The overall contour of my skin has been completely transformed and maximum results have definitely been achieved.

This clinic is wonderful for bride to be, mother of the bride or simply for anyone that really wants to keep their skin in tip-top condition! From the relaxing waiting rooms, personalised lockers, private location (Luas direct from city centre to Dundrum), patient confidentiality and after-care service, this clinic is second to none. From lasers to chemodervation, lip enhancement to 3D skin rejuvenation, fat reduction to hair removal, with all this on offer and much, much more a bride really can't go wrong.

Bridal package offer for Confetti readers only: Free Photogenesis treatments worth €600/£395 with every Laser Genesis package. Just quote Confetti.

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LASER GENESIS RESULTS



(Photographs above supplied by Venus Medical Beauty)